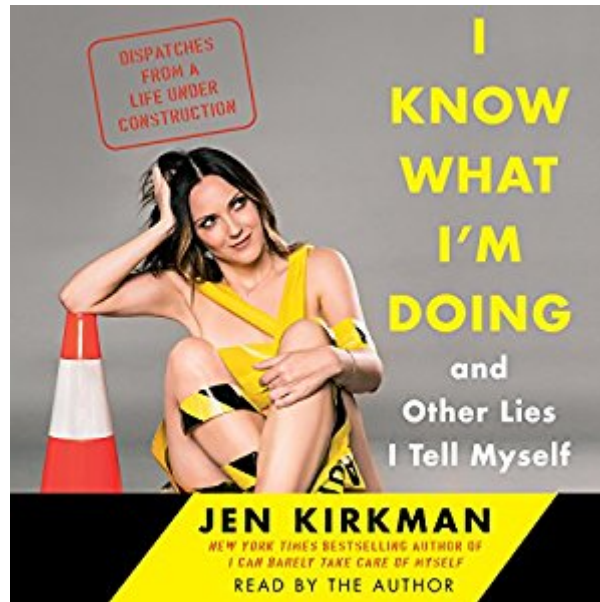


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# I Know What I'm Doing - And Other Lies I Tell Myself: Dispatches From A Life Under Construction



## Synopsis

New York Times best-selling author and stand-up comedian Jen Kirkman delivers a hilarious, candid memoir about marriage, divorce, sex, turning 40, and still not quite having life figured out. Jen Kirkman wants to be the voice in your head that says, "Hey, you're okay. Even if you sometimes think you aren't! And especially if other people try to tell you you're not." In *I Know What I'm Doing - and Other Lies I Tell Myself*, Jen offers up all the gory details of a life permanently in progress. She reassures you that it's okay to not have life completely figured out, even when you reach middle age (and find your first gray pubic hair!). She talks about making unusual or unpopular life decisions (such as cultivating a "friend with benefits" or not going home for the holidays) because you don't necessarily want for yourself what everyone else seems to think you should. It's about renting when everyone says you should own, dating around when everyone thinks you should settle down, and traveling alone when everyone pities you for going to Paris without a man. From marriage to divorce and sex to mental health, *I Know What I'm Doing - and Other Lies I Tell Myself* is about embracing the fact that life is a bit of a sh\*t show, and it's definitely more than okay to stay true to yourself.

## Book Information

Audible Audio Edition

Listening Length: 7 hours and 30 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Simon & Schuster Audio

Audible.com Release Date: April 12, 2016

Whispersync for Voice: Ready

Language: English

ASIN: B01CORND5U

Best Sellers Rank: #58 in Books > Audible Audiobooks > Humor #61 in Books > Humor & Entertainment > Humor > Love, Sex & Marriage #70 in Books > Audible Audiobooks > Biographies & Memoirs > Entertainers & Celebrities

## Customer Reviews

I listened to this in audiobook format, which may have made the things that were annoying even more noticeable (it is read in self congratulatory fashion by Ms. Kirkman herself). This isn't a book about anything, the description is just the excuse she found to write a thinly veiled autobiography, so get ready for a lot of very run of the mill stories about a Gen X fortysomething's life which are told in

tones that suggest she thinks they are endlessly fascinating. The fact that a person lived through the 90s (pretty sure all of us in our 40s did too), hasn't had children (pretty sure all of us either do or don't have children) and GASP! is divorced is not really enough material to fill a book, so the stories are drawn out and regurgitated in such mundane detail that you will be waiting for the point, over and over. When you have lived a life and reached your 40s, you will have had a lot of experiences. However, likely you will have also reached the state of humility that we don't have in our 20s, that you realize you are not the center of the universe and that everyone else has had a pretty interesting life too. Imagine the 25 year old self-analytical bore who thinks she is special because she's on the voyage of self discovery we all go through at that age, but then imagine that she never grows out of it and has another 15 years of banal stories in which she is the star...yeah, that's what listening to this is like. On the bright side, there were some real laugh out loud funny moments. My favorite was possibly when Kirkman shared her exclusive top tip for travelling solo overseas: find the local Italian restaurant (wherever you are. Italian food is yummy anywhere, get it?) and get a bowl of ravioli and drink red wine! Oh my God!

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